

# CMAC (Mt. Hood) Walk-On

## August Slalom Camp

July 31 Aug 1,2,3, 2014

**Contact: Alan Lauba, CMAC Director**

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**Camp Cost:** \$560 or \$140/day

Kids and parents stay on their own during this camp. I look forward to some great training. Camp is open to Racers 8 and Older (YOB 2006).

**Send Payment to: CMAC (payable to CMAC)**

PO Box 52768

Bellevue, Washington 98015-2768

**Meet: 6:50 Am Each Morning** at the Timberline Wyeast Lower Lodge

**Skiing Dates:** July 31, Aug 1,2,3,

**Includes:** Lift Tickets, Lane/Equipment fees, Coaching, and Video Analysis.

**Camp Focus:** Carving, Balance and Slalom Skills.

**Schedule:**

July 31 -- Carving, Edging, and Balance skills

Aug 1 -- Carving with some gates

Aug 2-- Full SL gate training

Aug 3 -- Full SL gate training

**Daily Schedule:**

6:50 AM Meet

7:30 Ski

9:45 Juice Break on Hill

10:00 Ski

12:00 SL Training ends

3:00 Meet for dry land activities

5:30 Video Session (Collins Lake Resort)

**What to Bring:** Slalom ski gear, winter and summer ski clothes, sun screen, on hill snack/juice.

**Print the following for and include with payment:**

1. Registration Email Confirmation
2. [Timberline 2014 Release](#)
3. [CMAC Medical Release](#)